

# NEWSLETTER

## A Place for Families to be Families Again

Knowing a loved one is receiving the best care possible is of tremendous relief to family members. It allows them to focus on each other and be a family again. The family, of all ages, is at the heart of the Hospice Quinte Care Centre's design.

The welcoming, peaceful and homelike environment will allow families to gather, dine together, stay together and relax. Whether it be the need for privacy in a quiet place for reflection, areas for small get togethers or a larger gathering, the Centre will have a space to meet all needs. Family friendly spaces will ensure families feel supported by their environment, as well as by staff and volunteers.

A few family members can visit in their loved one's spacious suite, with a place to eat in privacy and a comfortable overnight stay for one. Private patios, accessible from each suite, provide another quiet place to relax.

The large open concept kitchen and family dining room is a place for togetherness where families can share a quick snack, cup of coffee or a meal. It will be a place to connect as a family, or with others, returning a sense of normalcy to their lives. Adding to the homelike environment, a family laundry room provides a practical convenience for families.

Celebrations, gatherings and quality time can also be enjoyed in the comfort of one of the Centre's three light filled cheery sun rooms. One sun room will feature special ventilation to accommodate smudging ceremonies. For centuries Aboriginal Peoples and many other cultures have used smudging as a way to create a cleansing smoke bath that is used to purify the body, aura, energy, ceremonial/ritual space or other spaces, along with personal articles.

The Hospice Quinte Care Centre will be a place of respect, trust and sharing - a place where families can be a family again, and laugh and cry together.



Concept Drawings

### Client Satisfaction!

Hospice Quinte contacts each one of our 90+ clients on a monthly basis to ensure they are pleased with the support our volunteers provide through our home visiting program. Our latest satisfaction survey indicates that 100% were satisfied with our services, and 100% feel our services have had a positive impact on their lives!

**Thank you to our volunteers for this outstanding result!**

## Campaign Volunteer Spotlight

Born & raised in the Quinte area, I am a third generation Funeral Director. Growing up, I always knew that I wanted to be involved in my family's business. Having experienced death at a younger age than most, with the loss of my Nanny due to cancer, and both of my maternal grandparents in a tragic accident, I wanted to be able to help families during their most difficult time of need - just as my Dad and Popa (founder of our funeral homes) were able to help us. There are many people who don't have the privilege of being able to take care of their loved ones when they are terminally ill.

I decided to become involved with Hospice Quinte's *Heart & Home Building Campaign* as I see firsthand the need for a hospice residence in our community. Between our six funeral homes, I encounter families each day who are either receiving end-of-life care, or who have just lost their loved one. The common theme in meeting with these families is that there is

no local hospice residence for their convenience. If the patient decides that they don't want to die at home, or there is no one at home to care for them, the closest hospice is nearly an hour away for most families.

I believe that the Hospice Quinte Care Centre, and this campaign, will ease the burden on families requiring end-of-life care. This will allow families to focus on their loved ones, in a positive environment, during the most difficult time of their lives. I couldn't be any prouder to be a part of this campaign. I am more than supportive of bringing a hospice residence to the Quinte area.



Ashley Rushnell  
Campaign Cabinet Member  
Rushnell Family Services

## Ways to Get Involved

A capital campaign is a significant undertaking requiring many hands to make it happen. We would welcome your time and talents in a role that best meets your interests. We have a variety of ways to get involved from assisting us in sharing the story with individuals, to being a speaker at a group gathering; or serving on a fundraising committee or writing an article for this monthly newsletter. We would love for you to share your story whether about how Hospice Quinte has helped you, or perhaps how a community-based hospice, close to home, would have had an impact on your family's experience. We would enjoy having you along on this exciting journey.

**To learn more about our volunteer opportunities, please contact Hospice Quinte or visit our website at [hospicequinte.ca](http://hospicequinte.ca) for more information!**

“Volunteering for Hospice has become an important, rewarding part of my life. I continue to feel blessed to be part of a group of caring individuals who are committed to patients and their families in challenging circumstances. My outlook on life has been inspired by the strength, hope, love and goodwill that has been extended to me as a volunteer. Many volunteers say that they get more out of volunteering than they give.”

- Fran Burroughs, Hospice Quinte Volunteer

## Did You Know?

70-80% of Canadians would prefer to die at home, but the reality is that 67% of Canadians died in hospital. And, seniors make up the fastest growing age group - the senior population in the Quinte area is above the provincial average. (Statistics Canada).



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Please help us spread the word about the new Hospice Quinte Care Centre by sharing this newsletter with a friend or family.